

Plagiarism detection and prevention: a primer for researchers

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Abstract

Plagiarism is an ethical misconduct affecting the quality, readability, and trustworthiness of scholarly publications. Improving researcher awareness of plagiarism of words, ideas, and graphics is essential for avoiding unacceptable writing practices. Global editorial associations have publicized their statements on strategies to clean literature from redundant, stolen, and misleading information. Consulting related documents is advisable for upgrading author instructions and warning plagiarists of academic and other consequences of the unethical conduct. A lack of creative thinking and poor academic English skills are believed to compound most instances of redundant and “copy-and-paste” writing. Plagiarism detection software largely relies on reporting text similarities. However, manual checks are required to reveal inappropriate referencing, copyright violations, and substandard English writing.

Medical researchers and authors may improve their writing skills and avoid the same errors by consulting the list of retractions due to plagiarism which are tracked on the PubMed platform and discussed on the Retraction Watch blog.

Key words: plagiarism, publishing, publication ethics, rheumatology.

Introduction

Plagiarism is one of the frequent forms of publication ethics violation. Researchers from all over the world may witness such a violation in their academic environment, and some of them may intentionally or unintentionally reuse their own or others' intellectual property without proper processing and crediting [1, 2].

Medical and allied health researchers are reminded that the Medical Subject Headings (MeSH) term defines plagiarism as “passing off as one's own the work of another without credit” (<https://www.ncbi.nlm.nih.gov/mesh/?term=plagiarism>). This term was introduced back in 1990. Since then, global understanding of plagiarism has evolved to reflect a variety of unethical reuses of ideas, texts, and graphical materials [3].

The global open access movement has made it possible to easily reveal most instances of plagiarism, including copying texts and graphics across digitized old and

new sources. The resultant retractions of erroneous and otherwise unethical articles have predominantly affected biomedical authors from China, India and Iran, particularly those who publish in low-impact journals [4]. The digitization of editorial management and regular scanning of countless online platforms have enabled detection of unethical reuse in manuscripts undergoing peer review [5]. Peer review digitization has also allowed exposure of instances of stealing ideas and materials which are intended for confidential and privileged evaluation by reviewers [6].

Intellectual theft is increasingly viewed as a serious ethical transgression in countries entering the global academic competition and adjusting their research and development policies to the universally acceptable norms. The awareness of various forms of plagiarism is growing due to the international research cooperation and quality publishing that involve academics with various language and cultural traditions. However, the issue

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of plagiarism in the globalized world of science is complicated due to variably perceived definitions of the unethical conduct, recycling of one's own published materials, and unacceptable duplication of identical scientific information in different languages [7].

Editorial guidance on plagiarism

Global editorial recommendations contain a number of points instructing journal editors how to deal with suspected plagiarism and redundant/overlapping materials at pre- and post-publication stages. Core practices of the Committee on Publication Ethics (COPE) encourage editors to define plagiarism in their instructions and explicitly guide readers on how to reuse their published articles [8]. Also, all authors of manuscripts and published articles with misappropriation of intellectual property should be aware of their full responsibility for any wrongdoing at any stage. In case of suspicion, editors may question all co-authors and related authorities [9].

The Council of Science Editors (CSE) defines piracy and plagiarism as related violations of publication ethics with unauthorized reproduction of ideas, data, methods, and graphical materials, including those of the plagiarist (self-plagiarism and duplicate publication) [10]. Plagiarism, falsification, and fabrication are viewed by the CSE as different forms of research misconduct which may justify academic sanctions imposed by relevant national bodies and professional societies. To avoid any accusations of plagiarism, authors need to properly process primary literature and credit generators of ideas and other intellectual properties. Editors, in turn, should be skilled to identify copied and redundant materials by using advanced software and various other means.

Finally, the World Association of Medical Editors (WAME) reaffirms editorial intolerance of plagiarism in unpublished and published manuscripts and proposes to treat self-plagiarism differently, particularly in the case of linguistically redundant description of methods and other inevitable and unintentional duplications [11].

Creative thinking and plagiarism

Plagiarism is often revealed in works of novice non-Anglophone authors who are exposed to a conservative educational environment that encourages copying and memorizing and rejects creative thinking [12, 13]. The gaps in training on research methodology, ethical writing, and acceptable editing support are also viewed as barriers to targeting influential journals by medical students and graduates [14].

The ease of accessing quality online articles of experienced authors, unawareness of plagiarism, and uncertain research ethics policies may push researchers in

some academic institutions to copy, recycle, and produce unethical publications [15, 16].

A large survey of Western and Eastern European Bachelor and Master degree students ($n = 1757$) revealed diametrically opposite approaches to increasing awareness of plagiarism and arranging anti-plagiarism courses, with Polish students lacking training in these fields [17]. Additionally, a survey of 1100 undergraduate medical students in Pakistan pointed to a high percentage of unawareness of plagiarism (87%) and instances of plagiarism (71%) [18]. Finally, a nationwide survey of 706 Iranian medical graduates and faculty members revealed that the majority of the surveyees (74%) had not received any training on plagiarism [19]. The same survey revealed that 11% had not even heard about such an ethical transgression.

The existence of numerous editing and copying agencies preying on novice researchers, students, and authors may further complicate the issue and negatively affect scholarly publishing in China and some other non-Anglophone countries [9].

Instances of plagiarism

Several forms of plagiarism can be distinguished based on confounders of this misconduct (Table I). Depending on author intentions, plagiarism is classified into intentional and unintentional (accidental) forms [20]. The former is a deliberate unethical act aimed at misleading readers by skilled authors who steal ideas, texts, and graphics and present stolen materials as their own. Its detection is followed by academic sanctions and other punishments. The unintentional form may surface due to incorrectly paraphrasing and referencing previously published works [21].

Inexperienced authors are often blamed for such misconduct, involving unattributed copying of text passages, scientific facts, and others' ideas. Properly editing and referencing such manuscripts prior to journal submission and correcting erroneous articles by publishing apologies to readers could be sufficient in cases of unintentional plagiarism [22].

Experts distinguish plagiarism of ideas, words (texts), and images (graphics) [3]. Ideas can be stolen by unethical evaluators of grant projects, journal manuscripts, or other scholarly materials during the peer review, which is intentionally delayed to allow the plagiarist to publish his/her own article with misappropriated ideas first. Misappropriation of ideas and methodologies is a more serious and inconspicuous misconduct than copying of words [23].

Textual plagiarism manifests in various forms which can be detected by advanced search engines and software that analyze similarities across a sizeable amount of digitized publications. Direct, or word-for-word, and

Table I. Common instances of plagiarism

Ethical misconduct	Involved individuals
Plagiarism of ideas	Reviewers of scholarly works, researchers copying unpublished hypotheses, published methodologies, and ideas
Direct (verbatim) copying	Inexperienced authors who are unaware of plagiarism and copy texts with or without referencing
Paraphragiarism	Authors who copy text passages with or without referencing and then replace a few words with synonyms, reshuffle words, sentences, and paragraphs to intentionally confuse anti-plagiarism software
Text recycling	Authors and copyright holders who think that there is no problem to reuse their own intellectual property
Translational plagiarism	Authors who republish the same works in different languages without primary and secondary publishers' knowledge and agreement
Plagiarism of graphics	Authors of reviews and other articles who reuse images, tables, and other graphical materials without official permission and in violation of copyright
Plagiarism with citation manipulation	Authors who cite nonexistent sources or manipulate citations to conceal substantive plagiarism
Compound plagiarism	Individuals (editing agents) embarking on stealing, translating, and editing published materials to escape anti-plagiarism software red flags

translational forms of plagiarism are relatively easy to detect by employing search engines and anti-plagiarism software [24, 25]. Paraphrasing and patchwork plagiarism may confuse plagiarism detection systems by plagiarists' attempts to replace a few words in the original text and misappropriate phrases and sentences. Careful manual checks and analyses of keywords and references may help to correctly interpret the similarity reports generated by software.

Plagiarists may intentionally increase the list of references by citing non-existent sources or incorrectly cite primary sources taken from secondary ones (systematic reviews) with the sole aim of misleading readers and concealing plagiarism of secondary publications [20]. A form of manipulation ("Trojan citation") is also reported in connection with referring to relevant items to cover up substantive plagiarism and confuse journal editors and anti-plagiarism software [26].

Current anti-plagiarism software may detect unacknowledged recycled (self-plagiarized) texts, the so-called salami (data stemming from a single study spread across several papers) and augmented (opposite to salami) texts. Accusations of plagiarism in such cases require thorough manual checks of all similar parts, particularly by experts in the professional field.

Detecting identical abstracts requires special consideration due to the similarities of some full texts with congress abstracts and preprints, which are unpublished items and do not account for plagiarism. As such, authors should be advised to provide notes in their manuscripts, linking to previously posted congress abstracts and reposted preprints.

While concentrating on textual similarities, editors employing anti-plagiarism software often overlook graphical overlaps which may reveal compound forms

of ethics violation and copyright infringement [27, 28]. Thorough graphical analyses are particularly required for manuscripts with tables, figures, depiction of technological processes, and chemical formulae [29]. Questioning authors about the authenticity of all materials, requesting official reuse permissions from copyright holders, and referencing primary sources of reused or modified graphics may help to avoid unethical conduct and copyright infringement [30].

With the advent of anti-plagiarism software, some journal editors set limits of minor, moderate, and unacceptable copying and text recycling. They argue that less than 10% of verbatim copying, particularly in Methods section, could be tolerated provided there are no linguistic options to paraphrase [31]. Accordingly, 15–20% of textual overlap is judged as less tolerable and more than 30% as unacceptable. Although such a quantitative classification helps stratify anti-plagiarism measures, most experts advocate a zero tolerance policy since even a small percentage of copying may reveal complicated and concealed ethics violations [32].

Plagiarism detection

Researchers should be aware of what constitutes plagiarism and how to detect it (Table II). Those authors who master academic English, familiarize themselves with bibliographic searches, and advance their graphics designing skills may avoid most instances of plagiarism, duplication, and copyright infringement. Those who employ anti-plagiarism tools should combine software and human-detection options.

Although none of the currently available anti-plagiarism systems is perfect [33], overlooking the importance of related editorial checks may affect the authenticity

Table II. Strategies for plagiarism detection

Processed items	Detection strategies	Detecting tools and individuals
Text passages	Matching identical passages	Search engines such as Google, anti-plagiarism software, and authors whose works are copied
Keywords and logical words	Revealing semantic overlaps	Search engines such as PubMed displaying similar articles with overlapped keywords
Writing styles	Reporting mixed passages with American and British English styles	Authors, readers, and editors
Methodologies	Distinguishing similarities in the sets and order of tests	Authors, readers, and editors
References	Comparing similarities in the lists and order of individual references	Anti-plagiarism software, authors, readers, and editors
Hypotheses	Comparing similarities and reporting episodes of privileged exposure to unpublished intellectual property	Authors, readers, and editors
Graphics	Visualization of identical or modified images, tables, and figures	Google Images engine and emerging advanced anti-plagiarism software

of scholarly publications and lead to the so-called predatory practices [34, 35]. Generally, employing popular online platforms such as Google Scholar, Grammarly, and PlagScan makes it possible to improve the quality of references, readability, and linguistic style of scholarly manuscripts and increase their likelihood of acceptance by influential journals [36]. The role of processing manuscripts through freely available plagiarism detection tools is difficult to overestimate, since most researchers and faculty members, particularly in developing countries, lack access to proprietary software [37].

Preliminary evidence suggests that there are differences in the prevalence of textual plagiarism across academic disciplines, necessitating careful checks in science, technology, engineering, and mathematics journal submissions [38]. Additionally, in the era of digitization and open access, reviews are more likely to contain “copy-and-paste” written sections, pointing to the particular need for checks of this type of article [39].

Plagiarism detection and verification is largely based on text-matching search engines and computer software that report similarity scores. The advanced software is integrated with numerous publishers and online platforms to allow scanning of potential overlaps among countless open-access and subscription literature items [40]. Perhaps the most advanced anti-plagiarism system is iThenticate, which is employed by most established publishers to report the overall similarity score and similarity score from a single source [41]. The system offers options to filter direct quotations, bibliographies, and methodologies to minimize chances of erroneous reports [42]. High overall similarity scores (>35%) often point to plagiarism requiring outright rejection or retraction [43].

Regular iThenticate checks have made it possible to minimize, but not exclude, unethical publications [44].

The reported similarity scores should not replace editorial decisions and should be accompanied by careful reading and validation of references [45].

Compared to textual similarity detection, image plagiarism detection is a more challenging task, since it often requires both image processing and semantic mapping techniques [46, 47]. Google Images is a widely available search engine that can be used to reveal identical or manipulated images processed by Google [48]. However, this engine fails to detect copied and modified graphical materials. Semantic analyses are particularly useful in such a scenario of image modification. In fact, processing image legends through textual similarity tests may point to misconduct with modified images.

Attempts are underway to propose an advanced system for tracking plagiarism of graphics [49]. In the meantime, journal editors with a special interest in publishing graphics need to instruct their authors on what constitutes image plagiarism and how to ethically reuse related contents [50].

Retractions due to plagiarism

Although retractions of published articles are generally not frequent, their analyses may reveal country- and discipline-related differences in editorial strategies, misconduct prevention policies, and enforced measures [51, 52]. Examining details of retracted articles which are publicly discussed on the Retraction Watch blog may also prioritize ethics topics for postgraduate education [53, 54].

With the widespread use of iThenticate and other plagiarism detection software, numerous related retractions have taken place over the past decade. When retraction notices in PubMed are compared, similar percentages of plagiarism (about 20%) were mentioned in 2008 and 2016 samples [55]. The number of retractions

due to plagiarism varies across countries and academic disciplines, with the U.S., China, Germany, Japan and the U.K. accounting for 3 out of 4 retractions in a sample of 130 surgery articles [51]. The same study estimated a plagiarism rate of 16% in these articles. Also, an analysis of 176 retractions in obstetrics and gynecology indicated 40 cases of plagiarism (23%) [56]. In rehabilitation and sport sciences, retractions due to plagiarism were reported in 11 (26%) and 7 (13%) cases, respectively [57]. And finally, an analysis of 22 rheumatology retractions revealed 7 (32%) cases of plagiarism in review articles [58].

Conclusions

Plagiarism continues to affect the integrity of scholarly publications worldwide. Digitization and open access provide numerous opportunities for accessing and disseminating scientific information. However, some researchers and authors are tempted to intentionally or unintentionally embark on shortcuts and construct their articles with copied and unattributed texts, graphics, and ideas. Arguably, educating authors how to systematically access and process literature and how to master academic English may prevent most instances of modern-day plagiarism. Systematic searches are necessary for choosing new topics and avoiding redundancies. Processing retrieved articles, appropriately referring to published scientific facts, and writing in one's own words may further improve the ethical standing of new manuscripts.

Researchers and research managers alike need to learn more about globally acceptable writing practices, regularly analyze retractions due to plagiarism, and avoid related errors in their practice. Knowledge of global editorial guidance and plagiarism detection and prevention strategies is essential for successful writing and targeting influential ethical journals. Journal editors should enforce a "trust, but verify" policy by performing plagiarism checks, inquiring about authors' writing practices, and asking for disclaimers if suspicion of plagiarism persists.

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