

REPORT

2017 COMMONWEALTH SENIOR (MEN & WOMEN) WEIGHTLIFTING CHAMPIONSHIPS [QUALIFICATION EVENT FOR 2018 COMMONWEALTH GAMES] HELD AT GOLD COAST, AUSTRALIA FROM 2-9 SEPTEMBER, 2017

Competition:- 2017 Commonwealth Senior (Men & Women) Weightlifting Championships was held at Gold Coast, Australia from 2-9 September, 2017 [**2018 Commonwealth Games qualification event**] under the Technical and Competition rules of International Weightlifting Federation (IWF) and Commonwealth Weightlifting Federation (CWF).

Indian team consisting of 8 Men + 8 Women + 4 Coaches + 2 support staff participated in these Championships.

The Weightlifting Championships held at Gold Coast, Australia was a well organized competition. The competition was held at Gold Coast Sport & Leisure Centre (GCSLC), located at Nerang-Broadbeach Rd, Carrara, Gold Coast.

Itinerary: The Indian team travelled from Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala in one group on 11th August 2017 and stayed back at Hotel S kyrich International, Karol Bagh, New Delhi for 1 day transit camp. The team took flight from I.G.I. Airport on 12th August 2017 at 09:35 a.m. and reached Melbourne for training camp for the period 12.8.2017 to 1.9.2017. The training of the team was held at IN2FITNESS and boarding & lodging at Sandown Regency, Melbourne. From thereupon the team left for Gold Coast on 2nd September 2017 at 08:10 a.m.

Accommodation: The accommodation to the Indian team members were provided at Mercure Gold Coast Resort Palm Meadows Drive Carrara, Gold Coast, Australia.

Competition: The verification of final entries was completed on 3rd September 2017 and after verification, Commonwealth Weightlifting Federation confirmed the participation of 218 athletes (122 Men + 96 Women) from 34 countries across the Commonwealth.

Performance:- The result of the Indian team is as under:-

S.No.	Name	Section	Wt. Cat.	Snatch	C&J	Total	Result
1.	Gururaja	Senior Men	56 kg	107 kg	139 kg	246 kg	<i>3rd / Bronze Medal</i>
2.	Jimjang Deru	Senior Men	62 kg	110 kg	E/T	E/T	--
3.	Deepak Lather	Senior Men	69 kg	138 kg	157 kg	295 kg	<i>3rd / Bronze Medal</i>
4.	S. Sathish Kumar	Senior Men	77 kg	148 kg	172 kg	320 kg	<i>1st / Gold Medal</i>
5.	R.V. Rahul	Senior Men	85 kg	156 kg New record	195 kg New record	351 kg New record	<i>1st / Gold Medal</i>

6.	Vikas Thakur	Senior Men	94 kg	150 kg	190 kg	340 kg	3 rd / Bronze Medal
7.	Pardeep Singh	Senior Men	105 kg	147 kg	195 kg New record	342 kg	1st / Gold Medal
8.	Gurdeep Singh	Senior Men	+105 kg	171 kg New record	200 kg	371 kg	3 rd / Bronze Medal
9.	S. Mirabai Chanu	Senior Women	48 kg	85 kg New record	104 kg	189 kg	1st / Gold Medal
10.	Kh. Sanjita Chanu	Senior Women	53 kg	85 kg	110 kg	195 kg	1st / Gold Medal
11.	M. Santoshi	Senior Women	53 kg	86 kg	108 kg	194 kg	2 nd / Silver Medal
12.	Saraswati Rout	Senior Women	58 kg	82 kg	97 kg	179 kg	3 rd / Bronze Medal
13.	Vandna Gupta	Senior Women	63 kg	88 kg	109 kg	197 kg	3 rd / Bronze Medal
14.	Punam Yadav	Senior Women	69 kg	97 kg	120 kg	217 kg	2 nd / Silver Medal
15.	Seema	Senior Women	75 kg	91 kg	111 kg	202 kg	2 nd / Silver Medal
16.	Lalchhanhimi	Senior Women	90 kg	86 kg	105 kg	191 kg	8 th place

New Senior National Weightlifting records - 7 New records

S.No.	New record created by	Wt. Cat.	Event	Record Lift	Earlier record
1.	Gurdeep Singh	+105 kg	Snatch	171 kg	Dalvir Singh (170 kg)
2.	Pardeep Singh	105 kg	Clean & Jerk	195 kg	Praful K.Dubey (191 kg)
3.	R.V. Rahul	85 kg	Snatch	156 kg	Vikas Thakur (155 kg)
4.	R.V. Rahul	85 kg	Clean & Jerk	189 kg	Vikas Thakur (188 kg)
5.	R.V. Rahul	85 kg	Clean & Jerk	195 kg	R.V. Rahul (189 kg)
6.	R.V. Rahul	85 kg	Total	345 kg	Vikas Thakur (341 kg)
7.	R.V. Rahul	85 kg	Total	351 kg	R.V. Rahul (345 kg)

New Senior Commonwealth Weightlifting Record - 1 New record

S.No.	New record created by	Wt. Cat.	Event	Record Lift	Earlier record
1.	S. Mirabai Chanu	48 kg	Snatch	85 kg	S. Mirabai Chanu of India (84 kg)

Medals Won by:-	Gold	Silver	Bronze	Total
Senior (Men)	03	--	04	7 Medals
Senior (Women)	02	03	02	7 Medals
Total	05	03	06	14 Medals

- **Senior Men team won the WINNERS TEAM CHAMPIONSHIPS TROPHY.**
- **Senior Women team won the WINNERS TEAM CHAMPIONSHIPS TROPHY.**

BEST LIFTERS TROPHY:-

- **Ragala Venkat Rahul in 85 kg won the BEST LIFTER TROPHY in Senior Men section.**
- **Saikhom Mirabai Chanu in 48 kg won the BEST LIFTER TROPHY in Senior Women section.**

The Gold medal winners of the 2017 Commonwealth Senior (Men & Women) Weightlifting Championships earned direct qualification for 2018 Commonwealth Games at Gold Coast City, Australia from 4-15 April 2018. The following athletes from INDIA have qualified and others have to wait for finalization of Commonwealth Games ranking which will be published in the first week of November 2017:-

Men Section	Women Section
1. S. Sathish Kumar, 77 kg	1. S. Mirabai Chanu, 48 kg
2. R.V. Rahul, 85 kg	2. Kh. Sanjita Chanu, 53 kg
3. Pardeep Singh, 105 kg	

The above team departed back from Gold Coast to Delhi on 10th September 2017 at 7:45 a.m., from thereon the team travelled by road to the National camp at Patiala.

[Sahdev Yadav]
Vice President
Indian Weightlifting Federation

Date: 12 September 2017

Place: New Delhi.

REPORT

2017 COMMONWEALTH YOUTH (BOYS & GIRLS) WEIGHTLIFTING CHAMPIONSHIPS HELD AT GOLD COAST, AUSTRALIA FROM 2-9 SEPTEMBER, 2017

Competition:- 2017 Commonwealth Youth (Boys & Girls) and Junior (Men & Women) Weightlifting Championships was held at Gold Coast, Australia from 2-9 September, 2017 under the Technical and Competition rules of International Weightlifting Federation (IWF) and Commonwealth Weightlifting Federation (CWF).

Indian team consisting of 7 Youth Boys + 6 Youth Girls + 7 Coaches + 2 support staff participated in these Championships.

The Weightlifting Championships held at Gold Coast, Australia was a well organized competition. The competition was held at Gold Coast Sport & Leisure Centre (GCSLC), located at Nerang-Broadbeach Rd, Carrara, Gold Coast.

Itinerary: The Indian team travelled from Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala in one group on 1st September 2017 at 5:00 a.m. and reached I.G.I. Airport to take the flight scheduled to leave New Delhi at 13:15 p.m. and reached Gold Coast on 2nd September 2017 at 11:20 a.m. enroute Melbourne.

Accommodation: The accommodation to the Indian team members were provided at Mercure Gold Coast Resort Palm Meadows Drive Carrara, Gold Coast, Australia.

Competition: The verification of final entries was completed on 3rd September 2017 and after verification, Commonwealth Weightlifting Federation confirmed the participation of 101 athletes (55 Men + 46 Women) from 34 countries across the Commonwealth.

Performance:- The result of the Indian Youth (Boys & Girls) team is as under:-

S.No.	Name	Section	Wt. Cat.	Snatch	C&J	Total	Result
1	Jeremy Lalrinnunga	Youth Boy	56 kg	109 kg	131 kg	240 kg	<i>1st / Gold Medal</i>
2	Zakhuma	Youth Boy	56 kg	95 kg	120 kg	215 kg	<i>2nd / Silver Medal</i>
3	M. Raja	Youth Boy	62 kg	110 kg	150 kg	260 kg	<i>1st / Gold Medal</i>
4	Deepak Lather	Youth Boy	69 kg	138 kg	157 kg	295 kg	<i>1st / Gold Medal</i>
5	Ragala Varun	Youth Boy	77 kg	124 kg	145 kg	269 kg	<i>1st / Gold Medal</i>
6	Abhishek Poonia	Youth Boy	77 kg	113 kg	143 kg	256 kg	<i>3rd / Bronze Medal</i>
7	K. Ormila Devi	Youth Girl	44 kg	57 kg	76 kg	133 kg	<i>1st / Gold Medal</i>

8	Sneha Soren	Youth Girl	48 kg	60 kg	78 kg	138 kg	<i>1st / Gold Medal</i>
9	Ananya Patil	Youth Girl	53 kg	66 kg	80 kg	146 kg	<i>1st / Gold Medal</i>
10	P. Umeshwori Devi	Youth Girl	63 kg	72 kg	89 kg	161 kg	<i>3rd / Bronze Medal</i>
11	Nikeeta Kale	Youth Girl	69 kg	73 kg	90 kg	163 kg	<i>1st / Gold Medal</i>
12	A. Anju Devi	Youth Girl	75 kg	73 kg	94 kg	167 kg	<i>2nd / Silver Medal</i>

New Youth National Weightlifting Records - 6 New records

S.No.	New record created by	Wt. Cat.	Event	Record Lift	Earlier record
1.	Deepak Lather	69 kg	Snatch	133 kg	Lalu Taku (125 kg)
2.	Deepak Lather	69 kg	Snatch	138 kg	Deepak Lather (138 kg)
3.	Deepak Lather	69 kg	Total	290 kg	Lalu Taku (282 kg)
4.	Deepak Lather	69 kg	Total	295 kg	Deepak Lather (290 kg)
5.	M. Raja	62 kg	Clean & Jerk	150 kg	Gulam Navi (148 kg)
6.	M. Raja	62 kg	Total	260 kg	Deepak Lather (258 kg)

Medals Won by:-	Gold	Silver	Bronze	Total
Youth (Boys)	04	01	01	6 Medals
Youth (Girls)	04	01	01	6 Medals
Total	08	02	02	12 Medals

- **Indian Youth Girls team won WINNERS TEAM CHAMPIONSHIPS TROPHY**

BEST LIFTERS TROPHY:-

- **Deepak Lather in 69 kg won the BEST LIFTER TROPHY in Youth Boys section.**

The above team departed back from Gold Coast to Delhi in two groups, first on 8th September 2017 at 6:00 a.m. and second on 10th September 2017 at 6:00 a.m., from thereon the team travelled by road to the National camp at Patiala and to their home town stations who are not part of the National camp.

[Sahdev Yadav]
Vice President
Indian Weightlifting Federation

Date: 12 September 2017
Place: New Delhi.

REPORT

2017 COMMONWEALTH JUNIOR (MEN & WOMEN) WEIGHTLIFTING CHAMPIONSHIPS HELD AT GOLD COAST, AUSTRALIA FROM 2-9 SEPTEMBER, 2017

Competition:- 2017 Commonwealth Junior (Men & Women) Weightlifting Championships was held at Gold Coast, Australia from 2-9 September, 2017 under the Technical and Competition rules of International Weightlifting Federation (IWF) and Commonwealth Weightlifting Federation (CWF).

Indian team consisting of 8 Junior Men + 8 Junior Women + 7 Coaches + 2 support staff participated in these Championships.

The Weightlifting Championships held at Gold Coast, Australia was a well organized competition. The competition was held at Gold Coast Sport & Leisure Centre (GCSLC), located at Nerang-Broadbeach Rd, Carrara, Gold Coast.

Itinerary: The Indian team travelled from Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala in one group on 1st September 2017 at 5:00 a.m. and reached I.G.I. Airport to take the flight scheduled to leave New Delhi at 13:15 p.m. and reached Gold Coast on 2nd September 2017 at 11:20 a.m. enroute Melbourne.

Accommodation: The accommodation to the Indian team members were provided at Mercure Gold Coast Resort Palm Meadows Drive Carrara, Gold Coast, Australia.

Competition: The verification of final entries was completed on 3rd September 2017 and after verification, Commonwealth Weightlifting Federation confirmed the participation of 90 athletes (51 Men + 39 Women) from 34 countries across the Commonwealth.

Performance:- The result of the Indian Junior (Men & Women) team is as under:-

S.No.	Name	Section	Wt. Cat.	Snatch	C&J	Total	Result
1.	Jeremy Lalrinnunga	Junior Men	56 kg	109 kg	131 kg	240 kg	<i>1st / Gold Medal</i>
2.	M. Raja	Junior Men	62 kg	110 kg	150 kg	260 kg	<i>2nd / Silver Medal</i>
3.	Deepak Lather	Junior Men	69 kg	138 kg	157 kg	295 kg	<i>1st / Gold Medal</i>
4.	Ajay Singh	Junior Men	77 kg	140 kg	170 kg	310 kg	<i>1st / Gold Medal</i>
5.	R.V. Rahul	Junior Men	85 kg	156 kg <i>New record</i>	195 kg <i>New record</i>	351 kg <i>New record</i>	<i>1st / Gold Medal</i>
6.	Kojum Taba	Junior Men	94 kg	140 kg	177 kg	317 kg	<i>1st / Gold Medal</i>
7.	Lovepreet Singh	Junior Men	105 kg	150 kg	175 kg	325 kg	<i>1st / Gold Medal</i>

8.	Tejpal Singh Sandhu	Junior Men	+105 kg	135 kg	178 kg New record	313 kg	3 rd / Bronze Medal
9.	Jhilli Dalabehera	Junior Women	48 kg	67 kg	87 kg	154 kg	1 st / Gold Medal
10.	M. Purnima Chanu	Junior Women	53 kg	70 kg	90 kg	160 kg	1 st / Gold Medal
11.	Ananya Patil	Junior Women	53 kg	66 kg	80 kg	146 kg	3 rd / Bronze Medal
12.	Erra Deexitha	Junior Women	58 kg	73 kg	94 kg	167 kg	1 st / Gold Medal
13.	P. Umeshwori Devi	Junior Women	63 kg	72 kg	89 kg	161 kg	3 rd / Bronze Medal
14.	S. Nirupama Devi	Junior Women	69 kg	77 kg	101 kg	178 kg	1 st / Gold Medal
15.	Seema	Junior Women	75 kg	91 kg	111 kg	202 kg	1 st / Gold Medal
16.	Purnima Pandey	Junior Women	+90 kg	94 kg	121 kg	215 kg	2 nd / Silver Medal

New Junior National Weightlifting records - 10 New records

S.No.	New record created by	Wt. Cat.	Event	Record Lift	Earlier record
1.	Tejpal Sandhu	+105 kg	Clean & Jerk	178 kg	Vompu Prabhakar (176 kg)
2.	R.V. Rahul	85 kg	Snatch	152 kg	Vikas Thakur (150 kg)
3.	R.V. Rahul	85 kg	Snatch	156 kg	R.V. Rahul (152 kg)
4.	R.V. Rahul	85 kg	Clean & Jerk	189 kg	R.V. Rahul (188 kg)
5.	R.V. Rahul	85 kg	Clean & Jerk	195 kg	R.V. Rahul (189 kg)
6.	R.V. Rahul	85 kg	Total	345 kg	R.V. Rahul (338 kg)
7.	R.V. Rahul	85 kg	Total	351 kg	R.V. Rahul (345 kg)
8.	Deepak Lather	69 kg	Snatch	138 kg	Deepak Lather (137 kg)
9.	Deepak Lather	69 kg	Total	295 kg	Deepak Lather (294 kg)
10.	M. Raja	62 kg	Clean & Jerk	150 kg	Yukar Sibi (148 kg)

New Commonwealth Junior Weightlifting Records - 6 New records

S.No.	New record created by	Wt. Cat.	Event	Record Lift	Earlier record
1.	R.V. Rahul	85 kg	Snatch	156 kg	Boday Santavy of Canada (152 kg)

2.	R.V. Rahul	85 kg	Clean & Jerk	189 kg	Steven Kari of PNG (185 kg)
3.	R.V. Rahul	85 kg	Clean & Jerk	195 kg	R.V. Rahul (189 kg)
4.	R.V. Rahul	85 kg	Total	337 kg	Kojum Taba (330 kg)
5.	R.V. Rahul	85 kg	Total	345 kg	R.V. Rahul (337 kg)
6.	R.V. Rahul	85 kg	Total	351 kg	R.V. Rahul (345 kg)

Medals Won by:-	Gold	Silver	Bronze	Total
Junior (Men)	06	01	01	8 Medals
Junior (Women)	05	01	02	8 Medals
Total	11	02	03	16 Medals

- **Indian Junior Men team won WINNERS TEAM CHAMPIONSHIPS TROPHY.**
- **Indian Junior Women team won WINNERS TEAM CHAMPIONSHIPS TROPHY.**

BEST LIFTERS TROPHY:-

- **Ragala Venkat Rahul in 85 kg won the BEST LIFTER TROPHY in Junior Men section.**

The above team departed back from Gold Coast to Delhi in two groups, first on 8th September 2017 at 6:00 a.m. and second on 10th September 2017 at 6:00 a.m., from thereon the team travelled by road to the National camp at Patiala and to their home town stations who are not part of the National camp.

[Sahdev Yadav]
Vice President
Indian Weightlifting Federation

Date: 12 September 2017
Place: New Delhi.