

# **SUMMARY OF CURRICULUM VITAE**

## **Of Emeritus Professor Malik Badri**

### **Name and other Personal Data**

**Name:** Malik Babikir Badri

**DATE of birth:** 16.2.1932

**Nationality:** Sudanese Passport No. P00142511.

**Status in Malaysia:** Malaysian Permanent Residence No. 320216-71-5367.  
dated, 23.10.1997.

**Marital Status:** Married with 7 children ranging in age from 21 to 56.

**Email:** [malik1932@yahoo.com](mailto:malik1932@yahoo.com)

**Present Position:** Emeritus or Distinguished Professor of psychology, Ahfad University, Sudan and Holder of Ibni Khaldun Chair in the Kulliyyah of Islamic Revealed Knowledge, International Islamic University Malaysia.

### **Academic Record**

- B.A. (with Distinction) American University of Beirut, 1956.
- Diploma of Education (Distinction), American University of Beirut, 1956.
- M.A. American University of Beirut, 1958.
- Ph.D., University of Leicester, England 1961.

- Certificate of Clinical Psychology, Academic Department of Psychiatry, Middlesex, Hospital, Medical School, London University, 1967.
- Fellowship of the British Psychological Society (F.B.Ps.S), 1977 (Division of Clinical Psychology).
- Chartered Psychologist (C. Psychol.) of the British, Psychological Society, 1989.
- A valid Practising Certificate of the British Psychological Society which allows me to practice psychotherapy in Britain.
- Clinical Fellow Behaviour Therapy and Research Society, Temple University, USA 1985.

## Career

**Served as professor, head of departments, dean of faculties and acting vice-chancellor. The details are as follows:**

- Assistant Professor, American University of Beirut, Lebanon, 1962–64.
- Visiting Professor and Head of the Department of Psychology, University of Jordan, 1965.
- Appointed Reader in Psychology in the Department of Psychology and Education and Director of Counselling and Guidance Unit, Omdurman Islamic University, Sudan, 1967–71.
- Promoted to Full Professor of Psychology in the Department of Psychology and appointed Director of the Psychological Clinic, University of Riyadh, Saudi Arabia, 1971–73 and 1974–77.

- Appointed UNESCO Expert in Psychology, Academy of Pedagogy, Bahar Dar, Ethiopia, 1973-74.
- Appointed Dean of the Faculty of Education of the University of Khartoum and Head of the Department of Applied Psychology, 1977-80.
- Appointed Professor of Psychology in the Department of Psychology and senior clinical psychologist in the Medical Clinic of Imam Mohamad bin Saud University, Riyadh, Saudi Arabia, 1981-82 and 1984-85.
- Appointed Dean of the Faculty Education and acting Vice Chancellor, University of Juba, Southern Sudan (on secondment from the University of Mohamad bin Saud), 1983-84.
- Re-appointed professor of Psychology, Department of Psychology, University of Khartoum, Sudan, 1985-92.
- During the academic years 1986-89 I was asked to establish the Faculties of Islamic Studies and Education in the International African University, Khartoum, and to serve as Dean to these two Faculties besides my job as professor in the University of Khartoum.
- Joined the Department of Psychology of the International Islamic University, Malaysia, in June 1992 and served as professor of psychology until July 1994.
- Appointed professor of psychology (Islamic psychology) in the International Institute of Islamic Thought and Civilization in July 1994. I developed courses on the contributions of early Muslim scholars, philosophers and physicians such as Al-Ghazali, Ibn Khuldun and Al-Balkhi. My course on Al-Balkhi is now published as a translated and annotated book by IIIT, London in the year 2013.

- Appointed Acting Dean of the International Institute of Islamic Thought and Civilization of the International Islamic University (ISTAC), 2003-2004.
- Selected by the Higher Education Commission of Pakistan as Professor in the International Islamic University, Islamabad for the academic year 2006-2007. During this year, I established the Department of Psychology and I developed a new course on the history of psychology from an Islamic perspective.
- Re-appointed professor in the Department of Psychology in the International Islamic University Malaysia until September 2011.
- Appointed consultant to Sudan Petroleum Company (SUDAPET) for 5 months.
- Appointed as permanent Distinguished Professor of Psychology (Emeritus), by the Ahfad University, Omdurman, Sudan in February 2012. I still hold this post.

## **Founding of University Institutions**

- Founder of the Faculties of Education and of Islamic Studies in the African International University, Khartoum, Sudan, and was the first Dean of these two colleges.
- Founder of the counselling and guidance unit of Omdurman Islamic University and was its first director (1968-70).
- Founder of the Psychological clinic of the University of Riyadh and was its first director and Senior Clinical Psychologist for five years (1971-73 and 1974-77).

- Founder of the Department of Applied Psychology in the Faculty of Education of the University of Khartoum and was its first Head, 1977-81.
- Founding President of the Sudanese Psychological Society. Sudanese psychologists honoured me by awarding me the prestigious title of Honorary President of the Society. I still hold this honorary title.
- Elected President of the International Association of Muslim Psychologists in the year 1997. I held this presidency as founder for a number of years.
- Developer of the curriculum for the M.A. Degree in early childhood education in the Ahfad University, Omdurman, Sudan, 1990.

## **Clinical experience in psychiatric hospitals and clinics**

- Clinical fellow in the Department of Psychiatry of the Middlesex Hospital Medical School of London University, 1966-67.
- Part-time clinical psychologist in Al-Ghazi Psychiatric Hospital, Sala, Morocco, 1965.
- Founder of the counselling and guidance unit of Omdurman Islamic University and was its first director.
- Senior Clinical psychologist in the Clinic for Nervous Disorders Khartoum, Sudan, 1969-71.
- Founder of the Psychological clinic of the University of Riyadh and was its first director and Senior Clinical Psychologist for five years (1971-73 and 1974-77).

- Senior Clinical psychologist in Al-Riydh Central Hospital, Saudi Arabia, 1972-75.
- Visiting Professor to Al-Taif Mental Hospital in Saudi Arabia (1981-82 and 1982-83) to teach and train medical doctors wishing to obtain the Postgraduate Diploma of Psychiatry. I taught them Psychology for the first part of psychiatry. The second part was done in London University.
- Part-time Professor in the Faculty of Medicine, University of Khartoum to teach behavioural science to the medical doctors who registered for the Doctoral Degree in Psychiatry (1987-88).
- Senior clinical psychologist in the Medical Services Clinic of the University of Imam Mohammad Bin Saud, Riyadh, 1980-85.

### **Experience in International Organizations**

- UNESCO Expert in Psychology, Institute of Pedagogy, Bahar Dar, Ethiopia, 1973-74.
- World Health Organization WHO Member of Panel on mental health and Co-author of two studies on mental Health Problems in developing countries (see list of publications).
- Elected WHO expert in the Committee on Traditional Medical Practices, 1980-84.

# Publications

## Articles

**Author of some 80 articles in Western and Arab professional journals:  
A few of the frequently quoted are:**

- “The influence of cultural deprivation on the Goodenough Quotients of Sudanese children”, *J. of Psychology, USA., 1963.*
- “Human-figure drawings in relation to modernization in Sudan”, *J. of Psychology, 58, 1964.*
- “Drawing a man in the Sudan”, *Middle East Forum, Vol. XI, No., 5, 1964.*
- “Influence of modernization on the Goodenough Quotients of Sudanese children”, *Perceptual and motor skills, 20, 1965.*
- “The use of finger drawing in measuring the Goodenough Quotients of culturally derived Sudanese children”, *J. of Psychology, 59, 1965.*
- “A new technique in systematic desensitisation of pervasive anxiety and phobic reactions”, *J. of Psychology, USA., 1966.*

*This study is considered as one of the precursors for cognitive therapy. It is referred to in a number of books and journals on behaviour and cognitive therapy such as Meyer, **Behaviour therapy in clinical psychiatry**, Penguin books, 1971 and Lynn Rehim, **Behaviour therapy for depression**, Academic Press, 1981. I have now developed this therapy into a new technique that I called **“Cognitive systematic desensitization”**.*

- “Vivid imagination and its relation to the speed and outcome of systematic desensitisation therapy”, *Sudan Medical Journal, 1971.*

- “Customs, Traditions and Psychopathology”, *Sudan Medical Journal*, Vol. 10 No., 3, 1972.
- “Muslim psychologists in the Lizard's hole”, *Journal of Muslim Soc. Scientist*, USA., 1978 translated to Arabic and published in Al-Muslim al-Muasir.
- “The essentials of mental health for the Muslim child”, an article published in *Ri'ayat attufoolah fil Islam (Child rearing in Islam)* **Published by the University of Emirates**, 1982, pp. 98-135.
- “Islamic Social Psychology in the aid of AIDS prevention”, **Presented in the second AIDS Conference in Kuwait.** Ahfad University Journal, 1987.
- “Counselling and psychotherapy from an Islamic Perspective”. *Al-Shajarah: Journal of ISTAC*, 1996, Vol. 1, No. 1&2.
- “A scientific justification for an Islamically oriented AIDS prevention campaign: Is HIV a wild tiger, a pussycat, or a pussycat transformed into a tiger?” This research paper was published in the inaugural issue of the journal of *FIMA, the Federation of Islamic Medical Associations*, 1996.
- “Training of psychosocial and medical practitioners in fighting substance addiction in Muslim and Arab cultures”, *The American Journal of Islamic Social Sciences*, 1998, Volume 15, No. 4, pp. 1 to 18.
- “Islamic versus Western Medical Ethics: a moral conflict or a clash of religiously oriented Worldviews?” *FIMA Yearbook 2002*, Published by the **Federation of Islamic Medical Associations**.



- “A tribute to Mawlana Mawdudi from an autobiographical point of view”. *The Muslim world*. Vol.93.No.3&4. July/October 2003. **Blackwell Publishing Ltd**. pp. 487-503. This article was translated to Urdu and Published in Turjuman Al-Qur’an Journal.
- “The psycho-social problems caused by the increasing population of the elderly in modern societies: an Islamically oriented study”, *Al-Shajarah* 2005, Vol 10, No.1, pp.21-51.
- “The harmful aspects caused by the submissive approach of Muslim psychologists to Secular Western psychology” (In Arabic) in *AT-Tajdid* Journal published by IIUM, 2008, Vol.12, 23<sup>rd</sup> issue, pp. 189-216.
- “The Islamization of Psychology: Its “Why”, its “What”, its “how” and its “Who”, in *Psychology from an Islamic Perspective*, Edited by Noraini Mohd Noor, IIUM Press , 2009, pp.13-41,”.
- “Comparative Study on the lives and contributions of Ibn Hindu and Abu Zayd l-Balkhi”, *The great Books of Islamic Civilization*, Muhammad Bin Hamad Centre for Muslim Contributions to Civilization, Qatar: 2010.
- “Innovative treatment of a rare exaggerated obsessive-compulsive reaction to smell”. *ASEAN Journal of Psychiatry*, Vol. 14 (1). January 2013.
- “Why Western psychotherapy cannot be of real help to Muslim patients”, *The Sudanese Journal of Psychiatry*: Published by the Sudanese Association of Psychiatrists, Vol. 2, Issue 2, 2012.

- “Emotional Blasting: A psychotherapeutic technique invented by early Muslim physicians”, *The Sudanese Journal of Psychiatry*, Vol. 4. Issue No. 2, August, 2014.
- Psychological reflections on Ismail Al-Farouqi’s life and contributions, *The American Journal of Islamic Social Sciences*, Washington: Vol. 31: No. 2, 2014.
- Cognitive Systematic Desensitization: an Innovative Therapeutic Technique with special Reference to Muslim patients, *The American Journal of Islamic Social Sciences*, Vol. 31, No. 4, 2014.
- An interview with Professor Malik Badri about his contributions to the Islamization of Psychology, conducted by Professor Rahmatullah Khan, Published in *Intellectual Discourse Journal*, Vol.23, 1, 2015, pp.159-172.
- Some issues Concerning the Islamization of University Curricula in Muslim Countries, published in Arabic in Arabic in *Attajdid Journal*. Printed in the International Islamic University Press, Voi. 20 No. 39, 2016, pp. 11-57.

## Books

### Some of the main contributions are:

- *The Development of Girls Education in Sudan*, Published in Arabic by al-Fath Publishers, Beirut, 1968 (out of print).
- Recall of Proverbs as indicator of cultural orientations, in the *American University of Beirut Festival Book AUB.*, 1966.

- *The Psychology of Arab Children's Drawings*, (in Arabic) Published by Al-Fath Publishers Beirut, 1966. This book was reprinted in 1998 by a grant from the University of Zarqa, Jordan.
- *Islam and Psychoanalysis, Emirate's Yearbook*, 1973 "This was an annually published yearbook of papers by distinguished authors".
- *Educational Psychology*, A textbook in Arabic published by the University of Riyadh Press, 1974.
- *General Psychology*, Textbook in Arabic published by the University of Riyadh Press, 1975.
- *Organization of Mental Health services in Developing Countries*, Report of the WHO Expert committee on mental health, technical series 564, **World Health Organization**, Geneva, 1975.
- *Islam and Alcoholism*, **American Trust Publications**, Washington, 1976.
- *The Dilemma of Muslim Psychologists*, **M.W.H. Publishers**, London 1978, republished as a new edition in Malaysia in 2015 (translated to Arabic, Bahasa Malay, Turkish, and Indonesian and in the Press in Urdu).
- *The promotion and development of traditional medicine*, technical report series 622 **World Health Organization**, Geneva, 1978.
- "Psychology from an Islamic perspective", **Published by IIIT** in Arabic in 1987 as part of the proceedings of a conference on the Islamization of the behavioural sciences.
- *Tafakkur from perception to insight*, التفكير من المشاهدة إلى الشهود, Khartoum University Press and International Institute of Islamic

Thought, Khartoum and Aman, 1991.(In Arabic; translated to English, Bahasa Indonesian and Turkish).

- *Use and abuse of human sciences in Muslim Countries*, Islamic Intellectual Discourse Series, Published by **International Islamic University Press**, Kuala Lumpur,1992.
- *The Wisdom of Islam in Prohibiting Alcohol*, Published in Arabic by IIT in 1996 and is being translated to English and Bahasa Indonesian.
- *The AIDS Crisis: an Islamic socio-cultural perspective* was published by ISTAC in 1997. It was widely distributed and quickly sold out by Barnes & Noble that gave it the highest 5-star rating of bookselling. Its second and third editions published by the title, *The AIDS Crisis: A Natural product of Modernity's sexual Revolution* were published by *the* Islamic Medical Association of South Africa that conferred upon it the award of the best contribution to Islamic Medicine for the year 2000. In Sudan, it received the *Shahid Zubair* Prize in the year 2004. This is the highest award for academic excellence. The book soon achieved an international status and Muslim scholars realized the need for its translation. It is now published in Arabic by the International African University in Sudan, in Bosnian by el-Kalem publishers in Sarajevo, in Russian by the International Institute of Islamic Thought and in the press in Indonesian and Swahili. It is now sold online by the British Human Behaviour Academy.
- *The AIDS Dilemma: A Progeny of Modernity*, Published by The Islamic Medical Association of South Africa on the occasion of its 18<sup>th</sup> Annual Convention, Quilbert, 1998.
- *Contemplation: an Islamic psychospiritual study*, Translation of my book on *Taffakur*. The English translation is expanded with added material. It was translated by Professor Lu'Lu'ah and published by IIT, London and Printed by Cambridge University Press, 2001.

The book is now translated to a number of languages including Indonesian, Malayalam of South India and Albanian.

- *The human rights of the elderly*, A booklet in Arabic, Published by the Islamic Organization of Medical Sciences (IOMS) as part of the proceedings of the conference held in Kuwait, 2001.
- *Abu Zayd Al-Balkhi: Sustenance of bodies and souls*. A book in Arabic, on the matchless contributions of an ancient Muslim scholar, Abu Zayd Albalkhi, It was published in Arabic by **King Faisal Research Institute for Islamic Studies**, Riyadh, Saudi Arabia (2004). It was co-authored with Professor Mustapha Achoi.
- *Islam and AIDS: Between scorn, pity and justice*, (with other authors) Book edited by Farid Isack and Sara Chidy, One Word Publishers, Oxford, England, 2009.
- *Islamizing and indigenizing Psychology*. مختصر التأصيل الإسلامي لعلم النفس. A book in Arabic Published as a reference to postgraduate students. Kuala Lumpur: Medeena Books. 2009.
- *Use and abuse of human sciences in Muslim countries*. A booklet published by the International Islamic University, Kuala Lumpur: 1992.
- *Psychology of personality* (With other authors). Book edited by Amber Haque and Yasien Mohamed. Australia: Cengage Learning Asia Pte. Ltd. 2009.
- *Sustenance of the Soul: The Cognitive Behavior Therapy Of A Ninth Century Physician*. This book is my English translation from Arabic to Abu Zayd al-Balkhi's Ninth Century manuscript which I annotated with 40 footnotes. It was published by IIIT London in 2013. This important

book was translated to Norwegian by Dr. Arne Repal of the Norwegian Association of Cognitive Behavior Therapy and published in 2015. The book is expected to change the whole history of modern psychology as Dr. Arne Repal documented. I was invited by this Norwegian Association to launch it in Oslo and in Bergen.

- *Cyber-counseling for Muslim Clients*, Published by The Other Press, Kuala Lumpur, 2015.
- *Cultural Adaptation and Islamization of Psychology: A book of collected papers*, Published by Human Behaviour Academy, Manchester, England, 2017. And sold online in Goodread since 2016.
- Co-author of *Dictionary Annafssany: Psychiatry and Psychology*, Arabic, English and French Dictionary of psychiatric and psychological terms. Edited and published by The Arab Federation of Psychiatry and the Arab Foundation of Psychological Sciences, 2017.

## **Editorial Boards of International Journals**

- Member of the Advisory Board of *The Journal of Muslim Mental Health* Published by **Routledge**.
- Member of the Editorial Board of *Changes*, a British international journal of psychology and psychotherapy, published by the British Assoc. of Psychology and Psychotherapy.
- Was a member of the Editorial Board of *Arab Journal of Psychiatry*, published in Amman, Jordan.

- Member of the Editorial Board of the *Egyptian Journal of Psychological Studies*, published in Cairo.
- Member of the editorial Board of *The Ahfad University Journal*, Sudan.
- Was a member of the Editorial Board of *al-Nafs al-Mutmaina*, Journal of mental Health, published in Cairo.
- Member of the Editorial Board of *al-Muslim al-Muasir*, published in Cairo.

### **Some of the major Awards and Honors**

- Awarded the Zubair Prize for Academic Excellence. This is the highest academic award in Sudan. The medal, the scrolls, and the financial reward were presented to me by President Omar Albashir, President of the Sudan on April 1, 2003.
- Awarded an Honorary D.Sc. from the Ahfad University, Omdurman, Sudan.
- Elected Fellow of the British Psychological Society (1978).
- My book on the AIDS Crisis was bestowed with the award of the best contribution in Islamic Medicine for the year 2000 by the Islamic Medical Association of South Africa).
- Elected President of the International Association of Muslim Psychologists in August 1997 and re-elected President in the year 2011.

- Elected Honorary President of the Sudanese Psychological Society (2013).
- Awarded the B.A. from the American University of Beirut with Distinction (1956)
- Elected member of the WHO Committee on Traditional Medical Practices (1980-84).
- Given a special Award from the University of Imam Mohammad bin Saud, Riyadh, after giving a keynote address to their Conference on a new perspective on the teaching of Psychology in Saudi Arabian Universities (11-12 March, 2009).
- Bestowed with an award from the Vice Chancellor of the University of Science and Technology of Sudan on the occasion of a special lecture I gave to the Senate and the Faculty and students of psychology and Islamic studies on May 17, 2010.
- Bestowed with the title of Distinguished Professor (Emeritus Professor) by the Academic Board of the Ahfad University, 2012.
- The famous Arabpsyc Board decided to establish a prize for the best research in psychology in my name. The award named Malik Badri prize was bestowed on Dr Mohammad Irgsusi from Saudi Arabia in 2014.
- Was honoured by the Senate of the International Islamic University Malaysia to hold the prestigious Chair of Ibni Khaldun in March 2014.
- The Sudanese psychologists established “The Forum of Malik Badri, the Father of the Islamization of psychology” for the indigenization and Islamization of psychology. It was officially established in the Open University of Sudan on the tenth of January 2016.



- Awarded with the title of *Distinguished Scholar of Psychological Sciences* المفلحون في العلوم النفسانية. This Award is presented by the prestigious Institute of Arab Psychological Sciences in 2017.
- Nilain University in Sudan has honoured me by giving my name to a Center for Islamic Counseling and Psychotherapy. This “Malik Badri Badri Center, established in 2016, is the first university center of its type in the Islamic World.
- Awarded the AMSS (UK) Lifetime Achievement Award 2016. The Previous recipients of this Lifetime award are distinguished persons such as Professor Edward Said, Dr. Martin Lings, Professor Charles E. Butterworth and Professor Fuat Sezgin.